



**2 SEMESTERS**  
400 hours

**CERTIFICATE**

Discover a world of calm and relaxation. Massage Therapy is the act of manipulating the pressure points on a human body via tension, motion or vibration.

LaSalle College Massotherapy program will teach you everything you need to know about massage therapy and the human anatomy. Our optional internship program will help you get a foot in the door of the body care industry, and help you decide which path to follow once the session is over.

Upon completion of your training, you be eligible to take the Association des Massothérapeutes du Québec (AMQ) exam and work as a qualified massage therapist. As a graduate, you will find work in spas, hotels, resorts, medical clinics, the home care industry and you can even open your own business!

\*This program is only offered at our Montréal campus

## Program Length

- Two 15 week semesters during the evening;
- A total of 400 hours of training.

## Eligibility Criteria

To be considered for admission, you must present your curriculum vitae.

## Student Profile

- you have manual dexterity and are meticulous;
- you are empathetic, respectful and show discretion toward others;
- you are a good listener.

## Language of Instruction

- Courses are offered in English and French

## Course Objectives

- Master professional massage and body treatment techniques;
- Be eligible to take the exam and work toward full accreditation from the AMQ (Association des massothérapeutes du Québec);
- Gain the fundamental knowledge, skills and attitudes to be a massage therapist;
- Learn how to carry out the tasks involved in managing your role in order to fulfill customer needs and facilitate your entry into the job market.

