



**2 SEMESTERS**  
400 hours

**CERTIFICATE**  
00327

Discover a world of calm and relaxation with our Massage Therapy course. Massage therapy is the act of manipulating the pressure points on a human body via tension, motion or vibration.

The LaSalle College massotherapy training will teach you everything you need to know about massage therapy and the human anatomy. Our optional internship program will help you get a foot in the door of the body care industry, and help you decide which path to follow once the session is over.

Upon completion of your training, you be eligible to take the [Association des Massothérapeutes du Québec \(AMQ\)](#) exam and work as a qualified massage therapist. As a graduate, you will find work in spas, hotels, resorts, medical clinics, the home care industry and you can even open your own business!

\*This program is only offered at our Montréal campus.

## Diploma

This program leads to a LaSalle College Certificate.

## Program-Specific Competencies

- Master professional massage and body treatment techniques
- Be eligible to take the exam and work toward full accreditation from the AMQ (Association des massothérapeutes du Québec)
- Gain fundamental knowledge, skills and attitudes to be a massage therapist
- Learn how to carry out the tasks involved in managing your role in order to fulfill customer needs and facilitate your entry into the job market

## Prospective Student Profile

- You have manual dexterity and are meticulous
- You are empathetic, respectful and show discretion toward others
- You are a good listener

## Admission Criteria

To be considered for admission, you must present your curriculum vitae.





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## Concentration Courses

- Swedish Massage I (75 h)
- Anatomy-Physio-Pathology I (25 h)
- Anatomy-Physio-Pathology II (20 h)
- Professional Environment I (15 h)
- Body Language (40 h)
- Interview and Help Relation I (25 h)
- Swedish Massage II (75 h)
- Anatomy-Physio-Pathology III (20 h)
- Anatomy-Physio-Pathology IV (25 h)
- Professional Environment II (15 h)
- Professional Practice and Sexuality (45 h)
- Interview and Help Relation II (20 h)

\* The College reserves the right to substitute certain courses.

## Required Materials

On the first day of class, the teacher will provide you with a detailed list of the required materials for the semester and then help find the best deals.

## Language of Instruction

This training is offered in English or French.

## Program Length

- Two 15-week semesters during the evening
- Total of 400 hours of training

## Methods of Instruction

On-campus

- At the Montréal campus

